

2021年VIP会员台湾地区体检套餐

| 類別 | 檢查內容 | 內容說明 | 2 钻 白金套餐 | | 3 钻 钻石套餐 | | 4 钻 金钻套餐 二擇一 | | | | 5 钻 黑钻套餐 | |
|--|---|---------------------------------|-------------|---|-------------|---|--------------|---|-----------|---|-------------|---|
| | | | | | | | 心血管 | | 電腦斷層 (CT) | | | |
| | | | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 |
| 一般檢查 (General Examination) | 身高 (Body Height) | 建立身體基本資料, 包括身高、體重、身體質量指數等 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 體重 (Body Weight) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 腰圍 (Waistline) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 體脂肪率 (Body Fat Percentage) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 理想體重 (Ideal Body Weight) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 身體質量指數 (Body Mass Index) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 身體組成分析 (composition elementary body) (1. 肌肉重量 2. 皮下及內臟脂肪重量 3. 水份重量 4. 基礎代謝率 5. 肥胖分析 6. 水腫評估) | 量化身體組成各成份, 藉以評估營養狀況及運動量 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 血壓 (Blood Pressure (sitting)) | 建立身體基本資料, 作為後續檢查的評估依據 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 脈搏 (Pulse Rate) | ● | | ● | ● | ● | ● | ● | ● | ● | ● | ● | |
| 理學檢查 (Physical Examination) | 理學醫師檢查 (Physical Examination) | 醫師整體性檢查及評估 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 肺部檢查 (Lung Examination) | 胸部X光-正面 (Chest X-ray, PA view) | 篩檢肺臟有無發炎、纖維化、肺結核、肺腫瘤、心臟肥大等疾病 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 肺功能檢查 (Pulmonary Function Screening) (1. 用力肺活量 (FVC) 2. 第一秒呼氣容積 (FEV1) 3. FEV1/FVC 34. 尖峰呼氣流速 (PEF) 5. 吐氣中期氣流速度 (PEF25-75%)) | 評估肺活量及呼吸道通暢程度, 了解是否有肺部疾病或肺功能異常。 | | | | | | | ● | ● | ● | ● |
| 心血管及代謝系統 (Cardiovascular and Metabolic System) | 三酸甘油酯 (Triglyceride) | 心臟血管動脈硬化危險指標 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 總膽固醇 (Total cholesterol) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 高密度脂蛋白-膽固醇 (HDL-C) | 好的膽固醇, 為預防血管疾病的保護因子 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 低密度脂蛋白-膽固醇 (LDL-C) | 壞的膽固醇, 為導致血管阻塞的危險因子 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 總/高密度膽固醇比值 (Total/HDL Ratio) | 評估罹患心臟血管疾病之風險 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 低/高密度膽固醇比值 (LDL/HDL ratio) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 空腹血糖 (Fasting blood sugar) | 瞭解血糖值, 篩檢糖尿病 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 糖化血色素 (Hemoglobin A1c) | 近期血糖平均值, 瞭解平日控制狀況 | | | ● | ● | ● | ● | ● | ● | ● | ● |
| | 高敏感性C反應蛋白 (hs-CRP) | 評估罹患心臟血管疾病之風險 | | | ● | ● | ● | ● | ● | ● | ● | ● |
| | 同型半胱氨酸 (Homocysteine) | | | | ● | ● | | | | | ● | ● |
| | 乳酸脫氫酶 (Lactate dehydrogenase) | 細胞組織損傷相關之指標 | | | ● | ● | | | | | ● | ● |
| | 肌酸磷酸激酶 (Creatine phosphokinase) | 心肌梗塞及肌肉疾病的診斷與監測 | | | ● | ● | | | | | ● | ● |
| | 甲狀腺刺激素 (TSH) | 評估是否有甲狀腺亢進或低下情形 | | | ● | ● | ● | ● | ● | ● | ● | ● |
| | 游離甲狀腺素 (Free T4) | | | | | | | | | | ● | ● |
| | 三碘甲狀腺素 (T3, triiodothyronine) | | | | | | | | | | | ● |
| | 甲狀腺超音波 (Thyroid ECHO) | 了解甲狀腺是否有腫大、腫瘤等甲狀腺疾患 | | | ● | ● | ● | ● | | | ● | ● |
| | 靜式心電圖 (Resting EKG) | 瞭解心臟有無缺氧、心律不整、肥大、傳導障礙等異常 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 運動心電圖 (Tread-Mill Exercise EKG) (限周一至周五下午) | 藉由運動方式增加心臟負荷, 評估心臟功能是否健全 | | | | | | | | | ● | ● |
| | 心臟超音波 (2-D ECHO of Heart) | 瞭解心輸出量狀況及瓣膜有無狹窄、脫垂、閉鎖不全等結構異常 | | | ● | ● | ● | ● | | | ● | ● |
| | 周邊動脈硬化評估 (Assessment of Atherosclerosis) | 以四肢動脈脈波傳導度來評估全身血管硬化及阻塞程度 | | | ● | ● | ● | ● | ● | ● | ● | ● |
| | DXA全身體脂肪分析 (Whole body Fat, DXA method) | 利用「DXA雙能量吸收儀」進行全身性掃描了解全身體脂肪分布情形 | | | ● | ● | ● | ● | ● | ● | ● | ● |
| 十年心血管疾病風險評估 (10-year CVD Risk Score) | 利用身體基本資料、血脂肪等指數, 預測未來十年心血管疾病風險 | | | ● | ● | ● | ● | ● | ● | ● | ● | |
| 頸動脈超音波 (Extra-Cranial Carotid dopplar scan) | 評估供應腦部血流的頸動脈有無硬化、狹窄等異常 | | | | | ● | ● | ● | ● | ● | ● | |
| 消化系統 (Digestive System) | 碳-13幽門桿菌呼吸試驗 (13C-urea breath test for H. pylori) | 以非侵入性方式, 檢查胃部是否有幽門桿菌感染 | | | | | ● | ● | ● | ● | ● | |
| 女性乳房檢查 (Female Breast Examination) | 乳房超音波 (Breast ECHO) | 利用超音波檢查乳房是否有腫瘤、囊腫、纖維瘤等異常 | | | | | | ● | ● | | | |
| | 乳房攝影 (Mammography) (※適合40歲以上女性檢測) | 利用X光篩檢乳房鈣化、腫瘤等疾患 | | | | | | ● | ● | | ● | |
| 婦科醫學 (Female medicine) | 婦科超音波 (Gynecological ECHO) | 檢查有無子宮或卵巢腫瘤等結構異常 | | | | | | ● | ● | | ● | |
| | 子宮頸抹片檢查 (Pap smear) (如不檢查, 視同放棄) | 篩檢子宮頸細胞有無病變 | | | | | | ● | ● | | ● | |

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|--|---|---|-------------|---|-------------|---|-------------|---|---|---|-------------|---|---|
| | | | 心血管 | | 電腦斷層 (CT) | | 男 | 女 | 男 | 女 | 男 | 女 | |
| | | | 男 | 女 | 男 | 女 | | | | | | | |
| 影像醫學 (CT/MRI) (檢查地點為 國泰綜合醫院， 僅提供去程接送服務) | 低劑量肺部電腦斷層 (Low Dose Lung CT) | 篩檢早期肺癌最佳利器！能精確檢查肺部有無腫瘤、肺炎、肉芽腫或纖維化等異常 | | | | | | | | 男性/女性 二擇一 1. 低劑量肺部電腦斷層 (CT) 2. 冠狀動脈鈣化積分電腦斷層 (CT) | | ● | ● |
| | 冠狀動脈鈣化積分電腦斷層 (Coronary Artery Calcium Scoring) | 檢查心臟冠狀動脈鈣化程度，評估心肌梗塞風險 | | | | | | | | | | | |
| 風濕免疫系統 (Rheumatology and Immunology) | 49項食物過敏原檢測 (Food Allergens) | 以六大類食物為檢測分類的基準，並從各大類食物中挑選國人常攝取，或易發生過敏的食材為檢驗之項目。 | | | | | | | | | | ● | ● |
| | 41項吸入性過敏原檢測 (Inhalant & Occupational Allergens) | 挑選國人常見之吸入性過敏原。 | | | | | | | | | | ● | ● |
| 消化系統 (Digestive System) | 麩草酸轉胺酶 (GOT, AST) | 評估肝功能、肝炎、肝硬化等診斷參考 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 麩丙酮酸轉胺酶 (GPT, ALT) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 總蛋白 (Total protein) | 評估肝功能、腎臟疾病及營養狀況 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 白蛋白 (Albumin) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 球蛋白 (Globulin) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 麩胺酸轉胺酶 (γ-GT) | 瞭解酒精、藥物對肝臟傷害程度 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 鹼性磷酸酶 (Alkaline phosphatase) | 瞭解膽道是否異常，有無溶血、膽道阻塞 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 總膽紅素 (Total bilirubin) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 直接膽紅素 (Direct bilirubin) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | C型肝炎抗體測定 (Anti-HCV) | 有無C型肝炎感染、是否為帶原者 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | B型肝炎表面抗原 (HBsAg) | 有無B型肝炎感染、是否為帶原者 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | B型肝炎表面抗體 (Anti-HBs) | 有無B型肝炎免疫力 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 糞便免疫法潛血檢查 (OB, EIA) | 有無腸胃道出血：腫瘤、潰瘍、發炎等引起之出血 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 上腹部超音波 (Upper Abdominal Sonography) | 肝膽胰脾腎，是否有結石、腫瘤、肝硬化、脂肪肝等或結構異常 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 腎臟泌尿系統 (Kidney and Urology) | 尿素氮 (Blood urea nitrogen) | 評估腎臟功能是否正常 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 尿酸 (Uric acid) | 檢查血中尿酸值，是否有高尿酸、痛風等風險 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 肌酸酐 (Creatinine) | 評估腎臟功能是否正常 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 腎絲球過濾率 (eGFR) (※18歲以下、70歲以上不適用) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 尿液常規檢查 (Urine routine examination) (1. 一般尿液檢查：外觀、尿糖、尿膽紅素、尿液尿酸、比重、潛血、酸鹼值、尿蛋白、尿膽素原、亞硝酸鹽、白血球 2. 尿沉渣顯微鏡檢查：紅血球、白血球、表皮細胞、晶體、微生物) | 尿液一般性檢查，篩檢腎臟膀胱疾病、尿路結石、感染、糖尿、肝膽疾病等問題 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 血液系統 (Hematology) | 血球計數 (Complete Blood Counts) (1. 白血球 2. 紅血球 3. 血紅素 4. 血球比容 5. 平均紅血球容積 6. 平均紅血球血色素量 7. 平均紅血球血色素濃度 8. 紅血球體積分佈寬度 9. 血小板) | 分析血液中各類血球量，評估是否有發炎、感染、貧血等情形 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 白血球分類 (Differential Counts) (1. 嗜中性球 (Neutrophil) 2. 淋巴球 (Lymphocyte) 3. 單核球 (Monocyte) 4. 嗜酸性球 (Eosinophil) 5. 嗜鹼性球 (Basophil)) | 有無發炎、感染、過敏性疾、血癌等 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 腫瘤標記 (Tumor Biomarker) | 甲種胎兒蛋白 (Alpha-fetoprotein) | 肝癌篩檢參考指標 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 癌胚胎抗原 (CEA) | 大腸癌、消化道癌篩檢參考指標 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | CA199腫瘤標記 (CA19-9) | 胰臟癌及膽道癌篩檢參考指標 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | 神經特異烯醇酶 (NSE) | 小細胞肺癌參考指標 | | | | | ● | ● | ● | ● | ● | ● | ● |
| | CYFRA 21-1腫瘤標記 (CYFRA 21-1) | 非小細胞肺癌參考指標 | | | | | ● | ● | ● | ● | ● | ● | ● |
| | 前列腺特異抗原 (PSA) | 攝護腺癌變篩檢參考指標 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | CA125腫瘤標記 (CA 125) | 女性生殖器官癌 (如卵巢癌) 篩檢參考指標 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| | CA153腫瘤標記 (CA15-3) | 乳癌篩檢參考指標 | | | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 男性醫學 (Male medicine) | 睪丸素酮 (Testosterone) | 為男性荷爾蒙，男性性功能及前列腺癌患者治療的評估；評估女性有無多囊性卵巢 | | | | | ● | ● | ● | ● | ● | ● | ● |

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|-----------------------------|--|---|-------------|---|-------------|---|-------------|---|-----------|---|-------------|---|---|
| | | | | | | | 心血管 | | 電腦斷層 (CT) | | | | |
| | | | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | 男 | 女 | |
| 神經系統(Neurology) | HRV自律神經檢查(Heart Rate Variability) | 有無交感及副交感神經異常問題 | | | | | ● | | ● | ● | ● | | |
| 脊椎骨骼系統 (Skeletal System) | 腹部&腰薦椎X光(KUB & LS Spine Lateral View) | 有無腸阻塞、膽結石、泌尿系統結石, 評估腰椎、骨盆、髖關節疾病 | | | | | ● | | | | | ● | |
| | 頸椎X光(C-spine X-Ray) | 檢查頸椎有無骨刺、滑脫、椎間狹窄等異常 | | | | | ● | | | | | ● | |
| | 左髖關節骨質密度檢查(Left Hip, BMD) | 瞭解骨質狀況, 有無骨質減少或疏鬆情形 | | | ● | ● | ● | ● | ● | ● | | | |
| | 雙髖關節&腰椎骨質密度檢查(Bil Hip & Lumber Spine, BMD) | | | | | | | | | | ● | ● | |
| 眼科檢查(Eye Examination) | 視力檢查(Visual Acuity) | 檢查視力、辨色力 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | |
| | 辨色力檢查(Ishihara Test for Color vision) | | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | |
| | 眼科醫師檢查(OPH Examination) (1. 眼底鏡 2. 細隙燈) | 眼科醫師利用眼底鏡及細隙燈, 進行眼球內部(包括角膜、前房、瞳孔、水晶體、視網膜、視神經)檢測 | | | | | | | | | | ● | ● |
| | 眼壓檢查(intraocular pressure) | 眼壓有無異常, 早期篩檢青光眼 | | | ● | ● | ● | ● | ● | ● | ● | ● | |
| 耳鼻喉科檢查(ENT Examination) | 密閉式純音聽力檢查(Pure Tone Audiometry 500~8000Hz) | 在密閉性空間, 利用精密儀器進行聽力檢測(500、1000、2000、3000、4000、6000、8000Hz) | | | | | ● | ● | ● | ● | ● | ● | |
| | 聽力檢查(Hearing Test 500~4000Hz) | 基礎聽力檢測(500、1000、2000、4000Hz) | ● | ● | ● | ● | | | | | | | |
| 其他(Other) | 主治醫師報告總評(Medical Consultation) | 主治醫師解說報告, 提供衛教及後續處置建議(Medical Consultation) | | | | | | | | | | ● | ● |
| | 健康管理服務 | 提供檢查前、檢查後相關事項說明 | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● |
| 健檢服裝(Clothing) | | | | | | | ● | ● | ● | ● | ● | ● | |
| 精緻餐點(全日) | | | | | | | ● | ● | ● | ● | ● | ● | |
| 精緻餐點(半日) | | | ● | ● | ● | ● | | | | | | | |

注意事項: 体检当日需携带预约时的证件。